

City of Asbury Park

Mayor's Wellness Committee

Meeting 2/9/2018

1:00 PM

Dial-in: 515-604-9867, Access Code: 668765

Agenda

1. Recap Movement and Meditation on 1/27
2. Future Events
 - a. Aqua Training Class
 - b. Aqua Zumba Class
 - c. Healthy Food/Cooking Demonstration
 - d. Community Day/Health Screening at NJ Fitness on Cookman
3. Other Business Items