



## **Mayor's Wellness Committee**

Meeting 1/10/2020

1:00 PM

Dial-in: 515-604-9867, Access Code: 668765

### Agenda

1. Discuss 2020 Activities
  - a. Healthy Cooking – February at Second Baptist Church
  - b. March Madness Basketball Tournament – March
  - c. Summer Concert Series – Springwood Park – Summer
  - d. August – VNA – Insurance company – health screenings – first week of August
  - e. Tailgate for Health – September
  - f. Senior Health Fair – October
  
2. Healthy Town Designation Application
  
3. New Business