

City of Asbury Park

Mayor's Wellness Committee

Meeting 1/10/2019

1:00 PM

Dial-in: 515-604-9867, Access Code: 668765

Agenda

1. Winter Series at Boys & Girls Club
 - a. Second Saturday of each month, 11am-1pm
 - b. Jan. 12th – Calisthenics with Councilman Kendle
 - c. Feb. 9th – Swimming Instruction with Recreation Committee
 - d. March 9th – March Madness Basketball Program
 - e. April 13th – Aqua Zumba

2. Healthy Cooking Demonstration
 - a. Plan for Kula Café with Chef Bilal
 - b. Saturday, February 16th at 5:00pm
 - c. Co-sponsor with InterFaith and/or Kydz

3. Conserve Wildlife Event
 - a. Sunday, February 3rd, February 4th, February 8th, February 12th, February 13th
 - b. Co-sponsor with Sunset Lake Conservancy

4. Healthy Town Designation Application

5. New Business