City of Asbury Park

Mayor’s Wellness Committee

Meeting 1/10/2019
1:00 PM


Agenda

1. Winter Series at Boys & Girls Club
   a. Second Saturday of each month, 11am-1pm
   b. Jan. 12th – Calisthenics with Councilman Kendle
   c. Feb. 9th – Swimming Instruction with Recreation Committee
   d. March 9th – March Madness Basketball Program
   e. April 13th – Aqua Zumba

2. Healthy Cooking Demonstration
   a. Plan for Kula Café with Chef Bilal
   b. Saturday, February 16th at 5:00pm
   c. Co-sponsor with InterFaith and/or Kydz

3. Conserve Wildlife Event
   a. Sunday, February 3rd, February 4th, February 8th, February 12th, February 13th
   b. Co-sponsor with Sunset Lake Conservancy

4. Healthy Town Designation Application

5. New Business