



Mayor's Wellness Committee

Meeting 2/7/2020

Minutes

Attendees: Mike Manzella, John Moor, Michelle Gladden, Wendi Glassman, Lisa Lee, Andrea Tarr, Linda Savino, Allison Cerco, Sara Arias, Sea and Spine Chiropractor

1. Healthy Town Designation application submitted
2. Cooking with Heart – February 29 @ 10:30am
 - a. Flyers distributed
 - b. Volunteers signed up to help
3. March Madness Basketball Tournament – March 14th @ 11:00am
 - a. Plan for event reviewed
4. Local Government Week event – April 24th
 - a. Committee to hold Mayor's Walk on the Boardwalk
 - b. Hackensack Meridian willing to have mobile screening at event
5. New Business
 - a. Interfaith Neighbors Inter-generational cooking show begins on Thursday, March 5th @ 3:00pm at the Senior Center – MWC to co-sponsor
 - b. EZ Ride to discuss planning a bike safety education event at the schools towards the end of April