



Mayor's Wellness Committee Meeting 3/10/2019

Minutes

Attendees: Mike Manzella, John Moor, Pam Montemurno, Doreen Fogel (Springpoint), Katie Mincen (SNAP-Ed), Nicole Cardolfi (SNAP-Ed), Brandon Chewey, Doug Eagles, Wendi Glassman, Lisa Lee, Nina Summerlin

1. Winter Series at Boys & Girls Club
 - a. March Madness Basketball Tournament
 - i. Saturday, March 23rd 2:00-6:00PM
 - ii. \$10 prizes for winners
 - iii. Half court games potentially to get more teams
 - b. Aqua Zumba
 - i. Saturday, April 12th 11:00am-12:00pm
 - ii. Boys & Girls Club
2. Healthy Cooking and Food Fair
 - a. Featuring Kula Café and Kula Gardens, SNAP-Ed, Fulfill-NJ, AP Culinary School, Shade Tree Commission
 - b. Co-sponsor with InterFaith
 - c. Lisa Lee to work with InterFaith, targeting Saturday, May 18th
3. Upcoming Events
 - a. Summer Fitness in the Park – plan to have volleyball, hula hoops
 - b. Surfrider Family Day – July 13th
 - c. Senior Harvest Health Fair – October 16th
4. Healthy Corner Store
 - a. Two stores may be picked up under the SNAP-Ed Grant
5. Email Newsletter
 - a. Mike to work with Communications to send out monthly newsletter