



Mayor's Wellness Committee

Meeting 5/10/2019

Minutes

Attendees: Mike Manzella, John Moor, Lisa Lee, Nina Summerlin, Allison Cerco

1. Reviewed Aqua Zumba (4/13) and Asbury Park ALIVE! (5/4) events
2. Healthy Cooking and Food Fair
 - a. Featuring Kula Café and Kula Gardens, SNAP-Ed, Fulfill-NJ, AP Culinary School, Shade Tree Commission – outside restaurant, Farm to Table
 - b. Co-sponsor with InterFaith
 - c. Planning for the Summer
3. Upcoming Events
 - a. Summer Fitness in the Park – plan to have volleyball, hula hoops
 - b. Surfrider Family Day – July 13th
 - c. Outdoor Basketball Tournament? - summer
 - d. Stop the Bleed Events? – summer – start with City Staff
 - e. Senior Harvest Health Fair – October 16th