

# REFERENCE GUIDE

## Monmouth County 2021-22 Behavioral Health Resource Guide



[www.monmouthacts.org](http://www.monmouthacts.org)

**Monmouth County Division of Behavioral Health  
Desiree Whyte, Director**

**Steven J. Horvath, Mental Health Administrator**

**Monmouth County**  
**Division of Behavioral Health**  
**Desiree Whyte, Director**  
**Steven J. Horvath, Mental Health Administrator**

•  
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**Board of County Commissioners**

Thomas A. Arnone, *Director*  
Susan M. Kiley, *Deputy Director*  
Lillian G. Burry  
Nick DiRocco  
Ross F. Licitra

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***Monmouth County Division of Behavioral Health***

**Our Vision:** All the members of our community in spirit of inclusion, safety and success, regardless of age, gender identity, race, ethnicity, religious beliefs, or country of origin, will have access to the information, services, resources, and support needed to prevent, intervene, treat and recover from behavioral health challenges in a stigma-free environment, so that they may achieve wellness and thrive in their lives.

**Our Mission:** The Division of Behavioral Health, through public and private partnerships and collaboration, educates, guides, empowers, advocates, and creates access to locally organized and integrated systems of behavioral health and support services for all members of our community; with wellness and recovery as the goal for all Monmouth County residents.

**HOT LINES & 24/7 EMERGENCY SERVICES**

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Monmouth Medical Center/Psychiatric Emergency  
Screening Services 24/7.....**732 923 6999**

Early Intervention Support Services (EISS)..**732 922 1042**

2<sup>nd</sup> Floor Youth Helpline .....**888 222 2228**

180 Turning Lives Around .....**732 264 4111**  
(Domestic violence & sexual assault)

Bayshore Medical Center.....**732 383 2451**

CentraState Medical Center.....**732 780 6023**

Jersey Shore University Medical Center.....**732 776 4555**

Riverview Medical Center .....**732 219 5325**

**HOT LINES & 24 HOUR EMERGENCY SERVICES      3**  
**LÍNEAS DIRECTAS Y SERVICIOS DE EMERGENCIA LAS 24 HORAS**

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*MENTAL HEALTH—DAY PROGRAMS, ADULT*

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<b>Center for Vocational Rehabilitation</b> 15 Meridian Rd, #1, Eatontown.....	732 544 1800
<b>Community Care</b> ..... 3443 Route 9 N, suite 1100, Freehold	732 462 5553
<b>Community Connections</b> ..... 75 N. Bath Ave, Long Branch	732 923 5220
<b>CPC Behavioral Healthcare</b>	800 250-9811
<b>Gateway Day Treatment</b> ..... 1 Center St, Ocean	732 922 0591
<b>Monmouth Partial Care</b> ..... 1930 Heck Ave., Bldg. 3 Suite 1, Neptune	732 866 1700
<b>Morning Glory Partial Care</b> ..... 645 Neptune Blvd, Neptune	732 918 9905
<b>Parkway 100</b> ..... 3535 Route 66, Neptune	732 643 4400
<b>Unity Place</b> ..... 1075 Stephenson Ave, Suite C, Oceanport	848 208 2636

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*MENTAL HEALTH SERVICES: INPATIENT, ADULTS*

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Carrier Clinic.....800 933 3579  
CentraState Medical Center.....732 780 6023  
Hampton Behavioral Health Center.....800 603 6767  
Jersey Shore University Medical Center....732 775 5500  
Monmouth Medical Center.....732 923 6909  
Princeton House.....888 437 1610  
Riverview Medical Center.....732 530 2478

*State Hospital Admission  
only through community hospitals:*

Ancora Psychiatric Hospital.....609 561 1700  
Greystone Psychiatric Hospital.....973 538 1800  
Trenton Psychiatric Hospital.....609 633 1500

**MENTAL HEALTH SERVICES: INPATIENT, ADULTS 5**  
**SERVICIOS DE SALUD MENTAL: EN EL PACIENTE HOSPITAL-**  
**IZADO**

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***MENTAL HEALTH SERVICES: OUTPATIENT, ADULTS***

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**YMCA of Greater Monmouth County**  
166 Main St, Matawan.....732 290 9040

**CPC Behavioral Healthcare**.....800 250-9811

**JSUMC Behavioral Health**.....732 643 4363  
3535 Route 66, Neptune

**Monmouth Medical Center/Pollak Clinic**  
5 North Bath Ave, Long Branch.....732 923 5220

**Booker Behavioral Acute Partial Hospitalization  
Program at Riverview Medical Center**  
661 Shrewsbury Ave, Shrewsbury.....732 345 3400

**Stress Care of New Jersey, LLC**  
500 Park Ave, Manalapan.....732 679 4500

**Catholic Charities**..... 732 747 9660(Office)  
.....800 360 7711(Access Center)

**180 Turning Lives Around** .....888 843 9262  
1 Bethany Rd, Bldg 3, Suite 42, Hazlet

**Jewish Family & Children’s Service**.....732 774 6886  
Asbury Park, Eatontown & Morganville

**Mercy Center Family Resource Center**  
**1106 Main St, Asbury Park**.....732 774 9397

**Mental Health Association**.....732 542 6422  
106 Apple St, Ste. 110, Tinton Falls

**Ocean Township Human Services**.....732 531 2600  
601 Deal Rd, Ocean

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*BEHAVIORAL HEALTH SELF-HELP*

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**Collaborative Support Programs of NJ (CSP)**

**Neptune C.A.R.E. (CWC)**.....732 455 5358

**Freehold Wellness Center**.....732 625 9485

**Family Based Services**.....732 542 4502

(Support for parents & caregivers)

**National Alliance on Mental Illness (NAMI)**

<http://www.nami.org>.....800 950 6264

**NAMI Monmouth**.....732 462 6448

**Narcotics Anonymous (NA)**.....800 992 0401

**No Stigma Network, Inc.**

[nostigmanetwork@gmail.com](mailto:nostigmanetwork@gmail.com).....732 533 7632

**NJ Self Help Clearing House**.....800 367 6274

**Parents Anonymous**.....800 843 5437

(Child abuse prevention)

**Peer Recovery Warm Line**.....877 292 5588

**Shore Club House**.....732 759 1595

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*DEVELOPMENTAL DISABILITIES*

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**Arc Monmouth**.....732 493 1919  
Wayside Rd, Tinton Falls

**Family Support Center of NJ**.....732 262 8020  
35 Beaverson Blvd, Building 11, Brick

**Family Resource Associates**.....732 747 5310  
35 Haddon Ave, Shrewsbury

**LADACIN Network**.....732 493 5900  
(Lifetime assistance for developmental and  
challenging individual needs)  
1701 Kneeley Blvd, Wanamassa

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*CASE MANAGEMENT*

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**City of Asbury Park**  
**Dept. of Social Services**.....732 775 2100  
Municipal Plaza, Asbury Park

**CPC Behavioral Healthcare (ICMS)**  
**Integrated Case Management Services**.800 250-9811

**Partners in Independence**.....732 542 6422  
(Supportive housing)  
Mental Health Association of Monmouth County  
106 Apple St, Ste. 110, Tinton Falls

**RWJ Barnabas Institute for**  
**Prevention and Recovery:**  
Monmouth County Case Management Program  
.....732 837 9427



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*HOUSING*

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**Affordable Housing Alliance**.....732 389 2958  
59 Broad St, Eatontown

**CPC Behavioral Healthcare**.....800 250-9811

**Collaborative Support Programs of NJ (CSP)**  
Monarch Housing.....732 625 9516 ext 2

**Declarations, Inc.**.....732 792 6990  
Supportive housing Hwy 33, Bldg. 6.Suite1, Freehold

**Easter Seals NJ**.....732 380 0390  
615 Hope Rd, Building 3, Eatontown

**HABcore, Inc.**.....732 544 1975  
PO Box 2361, Red bank

**RHD Coastal Wellness**.....732 361 5845  
2040 Sixth Ave, Suite. C, Neptune City

**Monmouth County Centralized Homeless Intake**  
Applications *only* through  
Monmouth County Division of Social Services  
732.431.6000, ext. 4613    After 4:00PM call 211

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*LEGAL SERVICES*

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**Community Health Law Project**  
1 Main St, Suite 413, Eatontown.....732 380 1012

**Disability Rights NJ**.....800 922 7233  
*TTY call through NJ Relay at 711*  
210 S. Broad St, 3<sup>rd</sup> floor Trenton

**Division of Mental Health and  
Guardianship Advocacy**.....732 869 2262  
630 Bangs Ave, room 317, Asbury Park

**Legal Aid Society**.....732 556 8268  
2407 Route 66, Ocean Township

**South Jersey Legal Services**.....732 414 6750  
303 W. Main St, 3<sup>rd</sup> floor, Freehold

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*ADDICTION SERVICES*

*OUTPATIENT TREATMENT*

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**Advanced Health and Education**.....888 687 6977  
3 Corbett Way, Eatontown

**Central Jersey Comprehensive Treatment Center**  
11 Highway 35, Cliffwood.....888 308 5583

**Community Care Behavioral Health and Rehab**  
3443 Route 9 North, Freehold.....732 462 5553

**The Counseling Center at Freehold**.....732 431 5300  
4345 Route 9 North, Freehold

**CPC Behavioral Healthcare**.....800 250 9811  
\*Transportation available for certain programs

**Discovery Institute for Addictive Disorders**  
80 Conover Rd., Marlboro.....732 946 9444

**High Focus Centers**.....732 303 9900  
6 Paragon Way, Freehold

**Jersey Shore University Medical Center**  
3535 Route 66, Bldg. 5, Neptune.....732 643 4400

**Jewish Family and Children's Service**  
705 Summerfield Ave., Asbury Park.....732 774 6886

**JSAS Health Care**.....732 988 8877  
685 Neptune Blvd., Neptune

**Middletown Crossroads \* (Middletown residents only)**  
730 Newman Springs Road, Lincroft.....732 615 2269

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***ADDICTION SERVICES***

***OUTPATIENT TREATMENT***

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**New Hope Integrated Behavioral Healthcare**

2 Monmouth Ave., Freehold.....732 308 0113

190 Chelsea Ave., Long Branch.....732 870 8500

**Ocean Township Human Services**

601 Deal Rd.....732 531 2600

**Pinnacle Treatment Center: Middletown Medical**

600 State Rt. 35, Middletown.....732 706 1300

**Preferred Behavioral Health.....732 458 1700**

1405 Highway 35 N. Ocean

**Princeton House (women only)**

615 Hope Road, Building 1Tinton Falls.....888.437.1610

**Recovery Innovations.....732 380 7061**

1 Corbett Way, Eatontown

**RESA Treatment Center**

199 Main Street, Suite 2A, Keansburg.....732 495 1474

**Riverview Booker Behavioral Health Center**

661 Shrewsbury Ave., Shrewsbury.....732 345 3400

**Stress Care of New Jersey LLC**

**500 Park Ave, Manalapan.....732.679.4500**

**Wall Youth Center \* (Wall Twp. and surrounding towns)**

824 South M. Street, Wall... 732 681 1375

**YMCA of Greater Monmouth County**

**Counseling Services**

166 Main St., Matawan.....732 290 9040

**ADDICTION SERVICES: OUTPATIENT TREATMENT, CONT., 11**  
**SERVICIOS DE ADICCIÓN: TRATAMIENTO AMBULATORIO, CONT.**

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***METHADONE TREATMENT***

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**Central Jersey Comprehensive Treatment Center**  
111 Highway 35, Cliffwood.....888 308 5583

**JSAS HealthCare**.....732 988 8877  
685 Neptune Blvd., Neptune

**Middletown Medical**.....732 706 1300  
600 Route 35, Middletown

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***HARM REDUCTION CENTER***

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**VNA of Central Jersey**  
816 Sunset Ave, Asbury Park.....732 502 5100

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***HALFWAY HOUSE & EXTENDED CARE***

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**Discovery Institute (men)**.....732 946 9444  
80 Conover Rd, Marlboro

**Epiphany House**.....732 775 0720  
300 Fourth Ave, Asbury Park (women & children)  
373 Brighton Ave, Long Branch (women)

**Philip House (men)** .....732 870 8500  
190 Chelsea Ave, Long Branch

**Oxford Houses of New Jersey**.....732 684 3678  
Self run, Self supported Recovery Houses

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***RECOVERY SUPPORT SERVICES***

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**Preferred Behavioral Health STAR Program**  
**(Support Team for Addiction Recovery)**  
.....732 663 1800 ext. 7186

**RAFTS (Recovery Advocates for the Shore)**  
.....1 833 227 6237  
.....or 1 833 2BSOBER

**RWJ Barnabas Institute for Prevention and**  
**Recovery: Monmouth County Case Management**  
**Program** ..... 732 837 9427

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***RESIDENTIAL WITHDRAWAL MANAGEMENT***

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**Bergen Regional Medical Center**..... 800 730 2762  
230 E. Ridgewood Ave, Paramus

**Maryville, Inc**.....856 629 0244  
1903 Grant Ave, Williamstown

**New Hope Integrated Behavioral Healthcare**  
80 Conover Rd, Marlboro.....732 946 3030

**Pyramid Healthcare**.....888 694 9996  
600 South White Horse Pike, Hammonton

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***SHORT-TERM RESIDENTIAL***

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**Discovery Institute for Addictive Disorders**  
80 Conover Rd, Marlboro.....732 946 9444

**Maryville, Inc**.....856 629 0244  
1903 Grant Ave, Williamstown

**New Hope Integrated Behavioral Healthcare**  
80 Conover Road, Marlboro.....732 946 3030

**Pyramid Healthcare**.....888 694 9996  
600 South White Horse Pike, Hammonton

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***SELF HELP GROUPS***

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**Alcoholics Anonymous** ..... 908 687 8566

**Al-Anon/Alateen** ..... 888 944 5678

**Cocaine Anonymous**..... 800 347 8998

**Parents Anonymous** ..... 800 843 5437

**Gambling Helpline**..... 800 426 2537

**Narcotics Anonymous** ..... 800 992 0401

**Nar-Anon**.....877 424 4491

**Self-Help Clearinghouse**.....800 367 6274

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***PREVENTION SERVICES***

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**Prevention First: A Div of Preferred Behavioral Health**  
.....732 663 1800  
www.preventionfirst.net

**Wellspring Center for Prevention**.....732 254 3344  
www.wellspringprevention.org

**RWJ Barnabas Institute for Prevention and Recovery**  
www.rwjbh.org.....732 837 9427

**CentraState Health Awareness Center**  
www.centrastate.com.....732 308 0570

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***ALLIANCES TO PREVENT ALCOHOLISM  
AND DRUG ABUSE***

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**Colts Neck**..... 732 308 4505  
**Eatontown** ..... 732 389 7621  
**Freehold Twp/Borough**..... 732 294 5103  
**Hazlet**..... 732 264 1700 x8693  
**Highlands/Atlantic Highlands** ..... 908 601 5091  
**Holmdel** ..... 732 946 2820 x1224  
**Keyport**..... 732 739 5156  
**Marlboro** ..... 732 617 0186  
**Middletown**..... 732 615 2277  
**Millstone**..... 732 580 0717  
**Neptune City** ..... 732 776 7224  
**Neptune Twp**..... 732 869 1202  
**Shore Alliance** ..... 732 816 7103  
**Upper Freehold/**.....609 758 7738  
**Wall Township** ..... 732 820 4792

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***INTOXICATED DRIVING***

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**Monmouth County Intoxicated Driver  
Resource Center (IDRC)** ..... 732 308 3713  
Monmouth County Human Services Building  
3000 Kozloski Rd., Freehold, NJ  
Fax: 732 625 3907

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## STIGMA

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The **Monmouth County Stigma-Free Initiative** is a county-wide program that aims to reduce the stigmas associated with mental illness and substance use disorder. We are dedicated to raising awareness of the diseases of mental illness and substance use disorders to create a culture wherein residents feel supported by their community and neighbors and feel free to seek treatment for the diseases without fear of stigma.

For more information contact us on our website:  
<https://www.stigmfree-monmouth.org/>

***NJ Governor's Council on Mental Health Stigma***  
***www.nj.gov/mhstigmacouncil***

The campaign to educate and enlighten the public about the importance of mental health is paramount to our efforts. Mental health stigma is the last frontier of discrimination and we are in the midst of an evolution and revolution in mental health. We now know that it is likely that everyone will experience or be touched by a mental illness at least once in their lives.

Therefore, we must remember that mental illness does not discriminate, people do.

When we discriminate against those with mental illness we are discriminating against our mothers and fathers, sons and daughters, sisters and brothers, friends and neighbors. Embracing mental health and learning more about mental illness will enrich and strengthen the communities in which we live.

*This Reference Guide was printed courtesy of the  
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