

City of Asbury Park

Mayor's Wellness Committee

Meeting 12/14/2018

1:00 PM

Dial-in: 515-604-9867, Access Code: 668765

Agenda

1. Winter Series at Boys & Girls Club
 - a. Second Saturday of each month, 11am-1pm
 - b. Jan. 12th – Calisthenics with Councilman Kendle
 - c. Feb. 9th – Swimming Instruction with Recreation Committee
 - d. March 9th – March Madness Basketball Program
 - e. April 13th – Aqua Zumba

2. Healthy Cooking Demonstration
 - a. Plan for Kula Café with Chef Bilal
 - b. Saturday in February
 - c. Co-sponsor with InterFaith and/or Kydz

3. Healthy Town Designation Application

4. New Business